

SERVICE & STRIDES

A Free Veterans Equine Assisted Learning Group

RECLAIM PEACE AND PURPOSE.

Join fellow veterans and active military in a supportive, peaceful setting where horses help foster healing connection.

TUESDAYS FROM 10:30 - 11:30AM
ONGOING, BEGINNING SEPTEMBER 30

This group is offered at no cost.
Registration is required.

OUR NON-RIDING, EQUINE ASSISTED LEARNING SESSIONS PROMOTE:

- Connection
- Confidence and stress reduction
- Mindfulness and presence
- Peaceful time in nature

For more information or to register, please email info@instepwithhorses.org or call 440-688-1810.



LEARN MORE ABOUT US!

Web: www.instepwithhorses.org

Email: info@instepwithhorses.org

Instagram: @instepwithhorses

Facebook: In Step With Horses

Phone: 440-688-1810



Our experiential program improves mental health and overall wellness by connecting people to licensed mental health professionals, animals, and nature.